

MOVING FORWARD WITH CAUTIOUS OPTIMISM

As this message is written, it's not long after national and state elections, and we are cautiously hopeful about the positive impact our new Democratic governor and congress will have on Health Quarters' work. Lest we become too optimistic, President Bush's appointment of anti-contraception activist Eric Keroack to lead our national family planning agency reminds us of the obstacles we face in making birth control and other reproductive health services available to women who otherwise may not have access to them. We're proud of our continuing ability to provide this vital public health service to low-income and uninsured clients, though our path is never an easy one.

In recent years, federal and state funding for our work has not increased while the cost of delivering services continues to grow. The result? Unintended pregnancy is up 29% among "poor" women – those earning less than \$19,316 annually. Fully 84% of Health Quarters' clients fall into this group. In addition, last summer contraceptive prices jumped, yet we still offer our clients the most sought-after, efficient – and often costly – birth control methods and screening tests.

In the coming year, we will move forward by:

- Continuing to provide low-cost or free birth control to every woman who needs it
- Extending our outreach and education programs in Northeastern Massachusetts so we can ensure that teenagers – and adults – are receiving medically accurate information about contraception, sexually transmitted disease prevention, and overall sexual health
- Providing emergency contraception for those not allowed over-the-counter access (women under age 18)
- Advocating for a state Medicaid waiver to expand coverage for family planning services to low-income women

As we enter our 36th year, we will continue to reach out to those in need, speak out about policies that affect our work, and seek out financial support so we can fulfill our mission to protect reproductive health and build communities where every pregnancy is intended.



Patricia Ho
President, Board of Directors


Lianne Cook
Executive Director

A HIGH LEVEL OF CARING

It gives me great pleasure to speak to the value of Health Quarters in this, my ninth year as medical director. The high level of care – and caring – afforded a wide range of clients never wavers. Whether providing a breast cancer screening, testing a woman and her boyfriend for an STD, or educating a teen on abstinence and birth control options, Health Quarters clinical staff brings proficiency and dedication to all they do.

I am proud to contribute to Health Quarters' efforts to prevent unintended pregnancy and disease and promote the health of everyone they serve. It is imperative that access to reproductive health care – a basic public health service – remains for those with the fewest resources.


Louis DiLillo, M.D., F.A.C.O.G.


health quarters
Changing Lives for 35 Years 1971-2006
19 Broadway, Beverly, MA 01915

CELEBRATING
Remarkable
WOMEN 
35th Anniversary
health quarters

Join us on May 3, 2007!

Healthcare for Your Life, Your Body, Your Budget

Health Quarters is a federal- and state-funded, non-profit provider of reproductive health care, prevention, and education services to uninsured or underinsured Northeastern Massachusetts women, men, and teens.

Established in 1971 to meet the family planning needs of low- and moderate-income families, Health Quarters provides its clients accessible and confidential medical services, regardless of their ability to pay, as well as sexuality health education and community outreach.

Mission

Our mission is to protect reproductive health, build healthy communities where every pregnancy is intended, and improve the health of all who seek our services. We provide quality, sensitive, and affordable clinical care, education and advocacy. We believe everyone should have access to confidential reproductive health care and the opportunity to make informed choices. In all aspects of our work we encourage relationships that are respectful and that value sexuality as an integral part of life.

Programs and Services

- Gynecological exams
- Physical examinations for men
- Birth control - all methods
- Plan B - Emergency contraception
- STD diagnosis and treatment
- Pregnancy testing and counseling
- Rapid HIV/AIDS testing and counseling
- Breast and cervical cancer screening
- Colposcopy
- Community education services

Locations

Health Centers

19 Broadway, **Beverly**, MA 01915
978.922.4490 978.922.5904-f

215 Summer Street, **Haverhill**, MA 01830
978.521.4444 978.521.9898-f

101 Amesbury Street, **Lawrence**, MA 01840
978.681.5258 978.681.5387-f

274 Main Street, **Reading**, MA 01867
781.944.8325 781.596.3830-f

Health Quarters at Lynn CHC
694 Union Street, **Lynn**, MA 01905
781.593.1115 781.596.3830-f

269 Union Street, **Lynn**, MA 01901
781.581.3900

Administrative Offices

19 Broadway, **Beverly**, MA 01915
978.927.9824 978.922.5904-f 800.892.0234
info@healthq.org www.healthq.org


health quarters
Changing Lives for 35 Years 1971-2006



2006

annual report

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In FY 2006, Health Quarters received financial contributions from 100% of board members, as well as their many hours of volunteer service.

We are grateful to our board and to the following supporters:

Essex County Community Foundation – Women’s Fund

The Cold Brook Fund

Ho/Ching Charitable Trust

North Shore United Way



Individual donations are welcomed. Please visit www.healthq.org.

HIGHLIGHTS OF FY06

Health Quarters received a grant in December 2005 from the MA Department of Public Health to administer the **Teen Outreach Program (TOP)** in Salem for up to six years. TOP is a national, science-based program that combines curriculum-guided classroom/group discussion with community service-learning to support positive youth development and prevent negative outcomes, such as early pregnancy and school failure.



Health Quarters presented two TOP events for the Salem, MA community in June: The Salem Academy Charter School brought a panel of the **AIDS Memorial Quilt** to their school and organized an HIV/AIDS Awareness Fair, and the Salem High School (SHS) students in TOP concluded the school year’s service project - to raise awareness and utilization of the SHS Teen Health Center - with a graduation ceremony and health center open house.

In July, Health Quarters received funding for a **Sexually Transmitted Disease (STD) Clinic** at its Haverhill health center to provide confidential testing and treatment for chlamydia, gonorrhea and other sexually transmitted diseases, as well as HIV testing, to all clients, regardless of their ability to pay. The STD Clinic is the only Massachusetts Department of Public Health-funded provider of these services in Northeastern Massachusetts, replacing the clinic at Lowell Community Health Center.

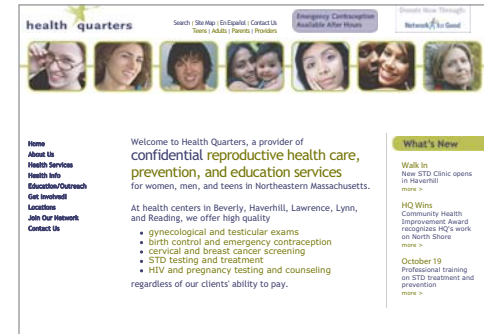


In an effort to strengthen Health Quarters’ mission-based commitment to provide sexuality education in its service area in spite of limited resources, the agency developed a **professional training series**

for youth-serving providers. “Communicating With Teens Around Sex: Is Oral Sex The New Third Base?” was held in March and attended by 79 nurses, educators, and social workers from 27 communities. A second training on sexually transmitted diseases was scheduled for fall 2006.

A re-design and reorganization of **Health Quarters’ Web site,**

www.healthq.org, kicked off, with a focus on interactive public affairs/advocacy and expanded health information. Long-range plans include making the entire site content available in Spanish.



Health Quarters is pleased to announce **two other FY06 achievements:**

Effective March 30, the State Office of Minority and Women Business Assistance (SOMWBA) certified Health Quarters (HQ) as a **women-nonprofit organization**. With this designation, Health Quarters joined 66 other nonprofit women business enterprises (WBE) statewide. SOMWBA certification enhances Health Quarters’ ability to access Massachusetts funds targeted to certified women and minority businesses when seeking contracts with the government.

HQ received a **Community Health Improvement Award** from the North Shore/Cape Ann Community Health Network (CHNA) in June. The Community Health Improvement Awards recognize outstanding service in promoting community health throughout the region.

Health Quarters – By The Numbers

17,941 Client Visits

9,880 Clients

84% Clients Living At or Below 200% of the Federal Poverty Level (Annual Income of \$19,136 or less)

STATEMENT OF ACTIVITIES – YEARS ENDING 6/30/06 AND 6/30/05

Health Quarters derives its funding from three major sources: federal and state contracts, client fees, and private donations. In order to continue to serve low income, uninsured, and underinsured persons – regardless of their ability to pay – HQ will increase efforts to attract grants and gifts from foundations, community organizations, and individuals.

Support and Revenue	FY2006	FY2005
US Department of Health and Human Services	\$1,022,404	\$937,504
Title X – Family Planning		
MA Dept. of Public Health	637,445	534,145
Family Planning	538,182	530,337
Family Planning Education	30,000	
STD Labs	4,593	3,808
Teen Outreach Program	64,670	
Fees for service	519,363	522,329
Medicaid (MassHealth)	126,912	107,085
Tufts and Harvard Pilgrim	25,454	29,858
Women’s Health Network	8,027	14,996
Client fees	358,970	370,390
Grants and gifts	50,105	46,494
Grants	8,000	10,500
United Way	22,750	19,250
Individual contributions	19,355	16,744
Donated Services	92,655	85,470
CDC Labs		
Other Income	66,183	64,428
Total Support and Revenue	\$2,388,155	2,190,370
Expenses		
Health services & programs	\$1,861,238	1,752,028
Management & administration	496,495	482,921
Fundraising	44,097	
Total Expenses:	\$2,401,830	2,234,949
Increase (Decrease) in Net Assets	(\$13,675)	(\$44,579)