

CHLAMYDIA

Chlamydia is the most common sexually transmitted disease that is caused by bacteria.

It is cured by taking the right antibiotic.

Most often chlamydia gives you **no** symptoms.

Symptoms in women might include:

- Bleeding after sex
- Burning with urination
- Abdominal pain

Symptoms in men might include

- Discharge from the penis
- Burning when urinating
- Pain in the testicles.

It is most common in men and women under the age of 25.

You should be tested at least once a year if you are under 25 and are having sex, more often if you have more than one partner.

If chlamydia is not treated, it can scar a woman's tubes, making it difficult to get pregnant.

You can catch it again after you've been treated if you are with a partner who has it.

Condoms do help protect you.

Chlamydia can be treated with one of two medicines, both of which are very effective:

- Zithromax that you take only once
- Doxycycline that you take daily for one week

- You have been diagnosed with chlamydia
- You are being treated for chlamydia before we have your test results. We will call you when the test results are back.

Zithromax (azithromycin) is an antibiotic. Please tell us if you are allergic to erythromycin or azithromycin.

Directions:

- Take the entire dose at once.
- Follow with plain water
- May be taken with or without food

Possible side effects:

- Diarrhea
- Nausea/vomiting
- Abdominal pain
- Rash

Precautions:

- Don't take an antacid in the two hours after taking this medicine.
- This medicine may interact with digoxin and ergotamine.
- Call immediately or go to the emergency room if you experience any reaction which causes concern such as difficulty breathing or hives (rash).

You will be clear of the infection seven days after you start the medicine. If you have any unprotected sex in those seven days you could give your partner chlamydia.

Partners you have had sex with in the two months before you were treated should also be tested and treated. You could get chlamydia again if you have sex with an untreated partner.

Partners can come to Health Quarters for a urine test for chlamydia. Often they will be given the medication before the results of the test are back. If your partner is unavailable to come for testing, we can talk with him/her by phone to help arrange treatment.

If it is difficult for you to talk with your partners, we can help arrange for someone to call to inform them that they have been in contact with chlamydia and to arrange treatment. Your name will not be used.

You need to be retested for chlamydia three to four months after you were treated. This can be done with a urine test.

If you haven't already been tested for gonorrhea, syphilis, or HIV, now is the time to have these tests.



REMEMBER

- ✓ Take all your medicine
- ✓ Have your partner(s) treated
- ✓ Wait seven days after both of you have been treated to have sex
- ✓ Test for other STDs
- ✓ Retest for chlamydia in three to four months:

Due: _____
- ✓ Use condoms
- ✓ Limit your number of sex partners.

HEALTH QUARTERS SERVICES

- Gynecology exams
- Birth control
- Free condoms
- Plan B-Emergency contraception
- Male and Female STD exams
- Pregnancy Testing & Counseling
- Rapid HIV testing & Counseling
- Breast & Cervical cancer screening



health quarters

19 Broadway Beverly, MA 01915
978.922.4490

215 Summer Street Haverhill, MA 01830
978.521.4444

101 Amesbury Street Lawrence, MA 01840
978.681.5258

694 Western Ave Lynn, MA 01905
781.593.1115

274 Main Street Reading, MA 01867
781.944.8325

1.800.892.0234

www.healthq.org



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.....**NOW WHAT?**